

CHANGING FUTURES TRAFFORD

Moving Forward Together

Our Key Workers are here to support you



WE HELP YOU GET THE SUPPORT YOU NEED, TO BUILD THE LIFE YOU WANT.

Are you ready to turn things around but don't know where to start?



Turn over for more info and how to find your local hub

**Who are
we?**



**Stretford
Sale
Partington
Altrincham
Urmston
Old Trafford**

Changing Futures Trafford

...is a local programme that brings services together to support people facing multiple challenges – such as difficulties with mental health, unstable housing, domestic abuse, substance use, or contact with the criminal justice system



**Our programme could
be for you, if:**

- **you are over 18
years old**
- **struggling with
several of the
challenges listed**
- **a resident of
Trafford**



**Who to
speak to?**

Locality: Old Trafford - St John's Centre

Key Worker: Pierre

Contact: 0752 186 244 / 0161 872 7795